

**Proposed Benefit Summary**

SISC - Self-Insured Schools of California

**Principal Benefits for  
Kaiser Permanente Traditional HMO Plan (10/1/19—9/30/20)**

**Accumulation Period**

The Accumulation Period for this plan is 1/1/19 through 12/31/19 (calendar year).

**Out-of-Pocket Maximum(s) and Deductible(s)**

For Services that apply to the Plan Out-of-Pocket Maximum, you will not pay any more Cost Share for the rest of the Accumulation Period once you have reached the amounts listed below.

| <b>Amounts Per Accumulation Period</b> | <b>Self-Only Coverage<br/>(a Family of one Member)</b> | <b>Family Coverage<br/>Each Member in a Family of two<br/>or more Members</b> | <b>Family Coverage<br/>Entire Family of two or more<br/>Members</b> |
|--|--|---|---|
| Plan Out-of-Pocket Maximum             | \$1,500  | \$1,500   | \$3,000   |
| Plan Deductible                        | None   | None  | None  |
| Drug Deductible                        | None   | None  | None  |

**Professional Services (Plan Provider office visits)**

|   | <b>You Pay</b> |
|---|----------------|
| Most Primary Care Visits and most Non-Physician Specialist Visits ..... | \$20 per visit |
| Most Physician Specialist Visits.....                                   | \$20 per visit |
| Routine physical maintenance exams, including well-woman exams .....    | No charge      |
| Well-child preventive exams (through age 23 months).....                | No charge      |
| Family planning counseling and consultations.....                       | No charge      |
| Scheduled prenatal care exams .....                                     | No charge      |
| Routine eye exams with a Plan Optometrist .....                         | No charge      |
| Urgent care consultations, evaluations, and treatment .....             | \$20 per visit |
| Most physical, occupational, and speech therapy .....                   | \$20 per visit |

**Outpatient Services**

|  | <b>You Pay</b>     |
|--|--------------------|
| Outpatient surgery and certain other outpatient procedures ..... | \$20 per procedure |
| Allergy injections (including allergy serum) .....               | No charge          |
| Most immunizations (including the vaccine) .....                 | No charge          |
| Most X-rays and laboratory tests.....                            | No charge          |
| Covered individual health education counseling .....             | No charge          |
| Covered health education programs .....                          | No charge          |

**Hospitalization Services**

|   | <b>You Pay</b> |
|---|----------------|
| Room and board, surgery, anesthesia, X-rays, laboratory tests, and drugs..... | No charge      |

**Emergency Health Coverage**

|                                  | <b>You Pay</b>  |
|----------------------------------|-----------------|
| Emergency Department visits..... | \$100 per visit |

Note: This Cost Share does not apply if you are admitted directly to the hospital as an inpatient for covered Services (see "Hospitalization Services" for inpatient Cost Share).

**Ambulance Services**

|                         | <b>You Pay</b> |
|-------------------------|----------------|
| Ambulance Services..... | \$50 per trip  |

**Prescription Drug Coverage**

|   | <b>You Pay</b>                  |
|---|---------------------------------|
| Covered outpatient items in accord with our drug formulary guidelines:          |                                 |
| Most generic items at a Plan Pharmacy or through our mail-order service.....    | \$10 for up to a 100-day supply |
| Most brand-name items at a Plan Pharmacy or through our mail-order service..... | \$20 for up to a 100-day supply |
| Most specialty items at a Plan Pharmacy .....                                   | \$20 for up to a 30-day supply  |

**Durable Medical Equipment (DME)**

|  | <b>You Pay</b> |
|--|----------------|
| DME items as described in the EOC..... | No charge      |

**Mental Health Services**

|  | <b>You Pay</b> |
|--|----------------|
| Inpatient psychiatric hospitalization.....                         | No charge      |
| Individual outpatient mental health evaluation and treatment ..... | \$20 per visit |
| Group outpatient mental health treatment .....                     | \$10 per visit |

**Substance Use Disorder Treatment**

|  | <b>You Pay</b> |
|--|----------------|
| Inpatient detoxification .....   | No charge      |
| Individual outpatient substance use disorder evaluation and treatment..... | \$20 per visit |
| Group outpatient substance use disorder treatment.....                     | \$5 per visit  |

(continues)

---

**Proposed Benefit Summary***(continued)*

| <b>Home Health Services</b>   | <b>You Pay</b>                              |
|---|---|
| Home health care (up to 100 visits per Accumulation Period) .....       | No charge                                   |
| <b>Other</b>  | <b>You Pay</b>                              |
| Hearing aid(s) every 36 months.....                                     | Amount in excess of \$500 Allowance per aid |
| Skilled nursing facility care (up to 100 days per benefit period) ..... | No charge                                   |
| Prosthetic and orthotic devices as described in the <i>EOC</i> .....    | No charge                                   |
| Hospice care .....  | No charge                                   |

---

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Share, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Share amounts. For a complete explanation, please refer to the *EOC*. Please note that we provide all benefits required by law (for example, diabetes testing supplies).